



Agency Information

Agency Name (& program name)	Renew Counseling, LLC		
Physical address (street, city, state, zip)	214 Breckenridge Lane, STE 114, Louisville KY 40207- Main office 2202 Commerce Parkway, STE E, LaGrange, KY 40031 3027 Preston Hwy, Louisville KY 40217		
Phone		Website	

Description of the site and mental health counseling opportunities during practicum or internship
 We are a practice of independent contractors (LCSW, LPCA, LPCC, LPATA, LPAT and LMFT's). We provide mental health therapy to individuals, families, couples, children, teens & adults. We accept self-pay, Medicaid & Pvt. Insurance. Renew Counseling specializes in EMDR & Trauma.

Description of the marriage, couple, and family counseling opportunities available (if applicable).
 Our clinicians have specialties that also include EMDR, ACT, DBT, IFS, Art & Expressive Therapies, Wholistic Healing & Nutrition. Our clinicians also run groups in Oldham County schools at times and we currently have a (WOC) Women Of Color Group.

Characteristics of the population receiving services at this site
 We work with clients ages 3-103 years old. We treat clients with trauma. We treat anxiety, depression, family conflict, PTSD, and other mental health and life difficulties.

Primary counseling modalities used at this site
 EMDR, DBT, CBT, ACT, Motivational Interviewing, IFS, Art, Expressive & Play Therapies,

Professional development opportunities available at this site
 Interns may have the opportunity to attend community meetings, attend and/or assist with any clinical trainings provided at or by the group practice, work with practice leaders to develop policies/practices and assist in giving feedback about the intern program @ Renew Counseling, LLC.

Days and times facility is open for students to see clients
 Our practice is open 7 days at week from 8 am -8 pm. Students can be at the site/location when only another therapist is present.

Minimum semester commitment	2	Maximum number of students per semester	3
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Directions to site
 We have 3 locations: 214 Breckenridge Lane, STE 114, Louisville, KY 40207, 2202 Commerce Parkway, STE E, LaGrange, KY 40031, 3027 Preston Hwy, Louisville KY 40217
 Maps to all of our offices are located on our website: www.renewcounselingservices.org

Practicum & Internship Requirements Met

Indicate the site requirements that your agency will be able to accommodate.

(see the WKU Counseling and Student Affairs [Practicum and Internship Manual](#) for more details)

	Yes	No
Direct & Indirect Hours		
Throughout practicum, students must complete at least 100 total clock hours over the summer 10-week academic term (minimum 8 hours on site weekly). At least 40 clock hours must be in direct service with actual clients that contributes to the development of counseling skills.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
During practicum, the Marriage, Couple, and Family Program students must receive a minimum of 12 direct hours with clients in a relational modality (e.g., parent-child, sibling-sibling, couples, mother-daughter, etc.)	x	<input type="checkbox"/>
Throughout internship, students must complete at least 300 total clock hours each fall and spring semester (minimum 18 hours on site weekly). At least 120 clock hours must be in direct service with actual clients.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
During internship, the Marriage, Couple, and Family Program students must receive a minimum of 36 direct hours with clients in a relational modality (they must complete 130 clock hours of direct service in order to meet state licensure requirements).	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Video Recording		
Students are required to tape their work to show during individual and group supervision.		
Students may videotape and show their sessions with clients.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Students may audiotape and show their sessions with clients.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Audio/videotaping equipment is available onsite for intern use (if No, interns must provide their own equipment).	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Clinical Supervision		
A qualified site supervisor (see the Practicum and Internship Manual for details) is available to provide individual/triadic supervision for at least 1 hour each week, remain onsite whenever students are seeing clients, accompany students on direct service hours outside of the agency, provide regular feedback to students, complete midterm and final evaluations, and consult with faculty supervisors as required.	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Site Supervisor

Site Supervisors must be appropriately experienced, credentialed, and licensed. All Site Supervisors must be a Licensed Professional Clinical Counselor (LPCC) or a Licensed Marriage and Family Therapist (LMFT). Exceptions must be approved by the Clinical Coordinator.

Name	Jodi Bessinger	Highest earned degree	Master Art Art Therapy
Job title	Practice Owner	Licenses/Certifications	LPCC-S, LPAT
Work phone	(502) 255-42439	License number & date	104463 (2010) 114014 (2009)
Work email	jbessinger@renewcounselingservices.org	Years of clinical experience	29 Years of clinical ex.

Clinical professional and licensed experiences (minimum 2 years required)

I have been a clinical supervisor since 1998, first working in foster care services in Chicago. I was first licensed in Illinois in 1996. Upon moving to Louisville, KY in 2006 I obtained my Art Therapy license in 2009 and then my LPCC license in 2010. I have worked in Community Mental Health for 20 years as a therapist and clinical director until approximately 9 years ago when I started my private practice. Renew Counseling has grown to a large group practice specializing in trauma.

Supervision training and experiences

I have been a clinical supervisor for licensure since 1996. I was trained 10 years ago in EMDR and I am currently an EMDR Consultant in Training (CIT). I have managed clinical offices, provided trainings in Ethics, Supervision, Suicide Risk, Trainings in Leadership & Management,

Alternate Site Supervisor

If a qualified alternate site supervisor is available, please provide the following information:

Name	Sarah M. Laughlin	Highest earned degree	MSW
Job title	Therapist/Student Suprvisor	Licenses/Certifications	LCSW
Work phone	423-443-7596	License number & date	245246 (2019)
Work email	smlaughlin@renewcounselingservices.org	Years of clinical experience	7 years

Clinical professional and licensed experiences (minimum 2 years required)

Sarah has been a social worker for the past 7 years. She has been licensed for the past 4 years. She has supervised our students over the past two years.

Supervision training and experiences

Sarah has supervisor of students at Renew for the past two years. Sarah has also had supervision training.

Application Process

Application instructions including site representative contact information

Students should email students@renewcounselingservices.org with their resume and to inquire about an internship. All students interested will have to attend 1-2 interviews with staff @ Renew. Interns will have to complete all required paperwork, attend a 2 hour orientation prior to beginning their internship. Staff will also be required to complete a background check. We are very selective with our students. We require that all interns are with Renew at for at least a 16 week period. This is to ensure that our clients they are serving are able to receive adequate assistance. Furthermore, iwe encourage students to stay longer if they can.

Estimated due dates for the application materials (summer, fall, and spring semesters)

We request that all paperwork is completed at least 45 days prior to starting their internship and that the orientation is completed prior to beginning their internship.

Expectations of the student on site

It is expected that students should be on time for their sessions, maintain complete confidentiality of their client records and information and come dressed and prepared for meetings and sessions. Operating within a student's scope of practice is very important. Furthermore, we respect the right not to assign cases based on the student's clinical skills and/or the availability of clients in the practice. We reserve the right to schedule clients with our clinicians over students.

Courses: Before applying for practicum/internship, CMHC and MCFC graduate students must successfully complete a series of classes including professional studies (identity & ethics), group counseling, social and cultural diversity, counseling theories, and techniques of counseling. Are there other courses or clinical experience prerequisites that you request of your interns? If so, explain.

Yes No

Financial compensation for practicum and internship students is not required (e.g., salary, benefits, stipend, tuition assistance, professional development funds, etc...). However, if available, please describe:

There is no financial compensation. Student services are free to clients. We find that this helps students obtain new intakes and clients as well.

Form completed by

Date completed

Jodi Bessinger, MA, LPAT, LPCC-S

4/19/2023

Instructions for Site Representatives

Thank you for your interest in working with our department and students! Please complete and submit this form annually or whenever site or supervisor information changes. This form will be posted on our website for students to review.

Return the form and a current resume/CV to the WKU Counseling Clinical Coordinator at WKU.CNS.Clinical.Coordinator@gmail.com.