



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

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Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knically Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knically Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knically Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knicely Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13(four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knicely Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knically Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knically Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knically Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13(four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13(four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knicely Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospirus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knicely Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

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Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knicely Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knicely Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knicely Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPLD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13(four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystol Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

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or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knicely Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knicely Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knicely Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair
Ann Esterle
Vicki Gregory
Kathee Morgeson
Joan Norris
Robert Ryan
Mary Travelsted

Debbie Breen
Cathy Fox
Terri Hinton
Mike Morgeson
JoAnn Ryan
Patsy Sloan
Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair
Jane Barthelme
Becky Cann
Pam Coe
John Forman
Sue Meyer
Linda O'Brien
Ernie VanHooser

Gene Wilson, Co-Chair
Brenda Bush
Sidney Cann
Lisa Dalporto
Cathy Fox
Audrey Neely
Judy Tabor
Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13(four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knically Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knically Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hosparus information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knicely Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13(four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

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or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	



*Society for
Lifelong Learning*

FALL 2023 NEWSLETTER

LOOK INSIDE TO FIND:

- Important Dates
- All about SLL
- Membership Information
- Fall Course Guide
- Advisory Board and Committees
- Fall Course Calendar

Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Fall Term Dates: September 18 – November 10

**REGISTRATION FOR FALL TERM BEGINS
TUESDAY, AUGUST 29TH @ 8AM
(ONLINE, BY PHONE AND IN PERSON)**

FEES

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

Annual Membership **\$200 (Fall 2023 and Spring 2024 Terms)**

Single Term membership **\$125 (Fall 2023 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Fall 2023 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Masking Guidelines

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Locations

Most SLL classes are offered at the Knicely Conference Center, 2355 Nashville Road, Bowling Green, KY 42101. The conference center is easily accessible and has an abundance of free parking available to SLL. Some classes may take place off-site at various locations within the community.

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Fall 2023 Term Course Guide

Registration for Classes Opens Tuesday, August 29th @ 8am
Fall Term Dates: September 18 – November 10

Alfred Russel Wallace: Spiritism Meets Evolution

This class will focus on the life and work of English naturalist and social critic Alfred Russel Wallace (1823 – 1913). He is the second most important developer (after Darwin) of evolutionary theory and fascinating for his range of interests and accomplishments: as field naturalist and collector, socialist, social critic, natural philosopher – and spiritualist. Are his ideas still relevant to present-day concerns?

- Charles Smith
- Wednesday, 5:30 – 7:00 p.m.
- October 25 (one session)
- Knicely Conference Center

Instructor Bio:

Charles Smith is a WKU Professor Emeritus. He is a Librarian, Geographer, Historian/Philosopher of Science, and a prolific author.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 9

Aluminum: Nature's Most Interesting Metal

Aluminum is the most common metal in Earth's crust but at one time was considered so valuable it was displayed next to the Crown Jewels of England. It is relatively lightweight, with high strength, electrical conductivity and other physical properties that make it the versatile core of many end-use products essential in modern society. Kentucky is a leading producer of aluminum products. Pending confirmation, we hope to include a field trip to a local manufacturer so that we may see the process in person.

- John Forman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

John Forman retired after forty years in construction and the aluminum industry that included Kaiser, ALCOA, and Logan Aluminum. His assignments in Engineering, Maintenance, Production, Finance and Plant Construction exposed him to the wide array of manufacturing steps involved in aluminum processing and a multitude of end-product uses.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912

American Sign Language

This introduction to American Sign Language will focus on the purposes for which language is used in everyday life situations. The course is taught with a primarily “voice off” approach.

- Rosalind Spillman
- Wednesday, 11:00 – 12:30 p.m.
- September 20 – November 8 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Rosalind Spillman has an MA and Rank I with certification in Reading and Learning and Behavior Disorders (LBD) from WKU. She taught Special Education (LBD) for thirty years in Bowling Green City Schools. After retirement, Rosalind taught ASL at WKU/Glasgow and at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

Antarctica: A Mysterious Land Teeming with Life

Antarctica, surrounded by treacherous stormy seas, is the coldest, driest, windiest, most isolated land on Earth. During its summer season, small islands emerge, and coastlines appear from beneath the receding ice. These precious patches of ground draw vast numbers of creatures from land and sea. This visual presentation will show migrations of whales, sea lions, seals, dolphins, and penguins by the thousands. Though Antarctica cannot belong to any one nation, many have established research bases in this pristine environment; we will visit three of them.

- Michael Trapasso
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 9 (one session)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso is WKU Professor Emeritus in the Department of Earth, Environmental, and Atmospheric Sciences who has traveled to all seven continents and has visited many remote areas of the globe. He is an award-winning photographer whose images have accompanied his lectures, publications, and co-authored textbook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- September 22 – October 13 (four sessions)
- The Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the *Leichhardt Professor of Horticulture* at WKU and Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Biodiversity: Trends and Importance

We will dedicate these three sessions to an overview of the state of biodiversity across the globe and why healthy ecosystems are important for all of us.

- Blaine Ferrell
- Thursday, 9:00 – 10:30 a.m.
- September 28 – October 12 (three sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is WKU Dean Emeritus of the Science and Engineering College. He is a past President of the Kentucky Academy of Science and the Kentucky Ornithological Society. He holds a Ph.D. in Zoology.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Birds in Poetry and Music

This is a course in poetry, music, and ornithology: a collection of beautiful poems and music in which birds play a crucial role. What do birds – their song and their flight – mean to poets and musicians? Why are they a source of inspiration? How does knowledge of these specific birds enrich our appreciation of poetry and music?

- Lloyd Davies, Valerie Brown
- Tuesday, 11:00 a.m. – 12:30 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Lloyd Davies is WKU Professor Emeritus in the Department of English, where he taught literature for many years. In the past he offered classes on poetry and Shakespeare for SLL. Valerie Brown is an active SLL member who enjoys the outdoors. She is a birder and will be sharing her knowledge of birds during this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green Police Academy

Have you ever wondered about what goes on behind the scenes at the Bowling Green Police Department? Join us for an introduction to BGPD's unique teamwork, observe a traffic stop demonstration, and tour the department and the jail. You will also learn how to make split-second decisions, process a crime scene, and try your hand at developing fingerprints. This course is a shortened version of the 'Citizens Police Academy' but will cover all the highlights.

- Ronnie Ward
- Monday & Friday, 3:30 – 5:00
- October 2, 6, 9, 13 (four sessions)
- Bowling Green Police Station, 911 Kentucky Street

Instructor Bio:

Ronnie Ward has been with the Bowling Green Police Department since 2007 and has been their Public Information Officer since 2011. He enjoys showing the public the inside operations of the department.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Fall 2023 Term Dates: September 18 – November 10

British Comedies of the '40s and '50s

Starting in the mid-1940s and continuing into the 1950s, British cinema experienced a “golden era” with the appearance of some of the best and best loved British films. This term we will view several comedies that introduce the various comedic styles and feature performances by some extremely talented actors and actresses.

- David Wellman
- Wednesday, 1:00 – 3:00 p.m. (**note extended time**)
- September 27 – November 8 (seven sessions)
- Knicely Conference Center

Instructor Bio:

David Wellman is a native of Louisville. He retired in 2013 after working in corporate accounting and economic forecasting and now resides in Bowling Green. Having taken several SLL courses over the years, he would now like to share his studied interest in film history with others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Conflict and Common Ground in Black-White Relations

This class will deepen our understanding of the many roles race plays in our everyday lives. We will consider why black males are disproportionately killed when conflict occurs and reasons why majorities of both black and white Americans say black people are treated less fairly in dealings with the police and by our criminal justice system. Numerous perceptions, right or wrong, that can lead to bias in social, economic, and educational situations will be discussed as well.

- Howard Bailey
- Thursday, 9:00 – 10:30 a.m.
- October 19 – November 9 (four sessions)
- Knicely Conference Center

Instructor Bio:

Howard Bailey retired as Vice President of Student Affairs at WKU after more than 40 years of service to the university. He remains an activist in the Bowling Green community and at the state level. He has an extensive background in race relations and continues teaching and training on the subject.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Creative Travel: An Artist Residency in the Champagne Region of France

Through photographs, travel tips, and personal insights, enjoy a journey to France and the Chateau d'Orquevaux, one of the most beautiful estates in the Champagne countryside. The International Artist and Writers Residency offers transformative experiences for artists of all ages. I will share my works on paper and silk created during my residency in May of this year.

- Laura McGee
- Wednesday, 5:30 – 7:00 p.m.
- ~~November 1~~ November 8 (one session); changed due to unexpected conflict
- Knicely Conference Center

Instructor Bio:

Laura McGee is a WKU Professor Emerita where she taught all levels of German and served as Head of Modern Languages. She has lived in Germany for a cumulative five years and traveled there more than 60 times.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Critical Thinking and Discerning Reality

The course introduces critical thinking and its practical application in a variety of areas. Topics include manipulation in advertising and marketing, mainstream news, propaganda and disinformation in fringe “news” and social media. We will explore where public is particularly prone to ignorance and emotional attachment to beliefs not supported by fact: male maturity and toxic masculinity, the use of recreational drugs, cults, violence, and sexuality.

- Matt Foraker
- Thursday, 5:30 – 7:00 p.m.
- September 21 – November 9 (eight sessions)
- Knicely Conference Center

Instructor Bio:

Matt Foraker holds degrees in electrical engineering and mathematics and a Ph.D. in higher education. He has taught a wide variety of courses at the university level and is devoted to personal growth and independent thought.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Discovering Bowling Green

Discover some of the key components of public interest that have shaped the growth and vitality of Bowling Green, KY since its founding, along with trends, policies and programs that influence the community as it grows today. Subject matter experts and multi-disciplinary panelists will guide you as we navigate a different topic specific to Bowling Green each week.

- Karen Foley
- Friday, 11:00 a.m. – 12:30 p.m.
- September 22, 29, October 13 – November 3 (six session)
- **Note: class does not meet on Oct. 6**
- Neighborhood & Community Center, 707 E. Main Avenue

Instructor Bio:

Karen Foley, Neighborhood Services Coordinator for the City of Bowling Green, facilitates this course. A multi-disciplinary panel of local experts representing public, private, and non-profit sectors will share their expertise and knowledge regarding key themes that have shaped Bowling Green and its evolution since its founding.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

Do This Now – Avoid Probate

This session will cover the important things that must be done before you pass on in order for your family to avoid the probate process in the settling of your estate.

- Jill Steffey
- Wednesday, 5:30 – 7:00 p.m.
- October 11 (one session)
- Knicely Conference Center

Instructor Bio:

Jill Steffey is a retired teacher with 26 years in special education and alternative high school. Jill was caregiver, advocate, and executor of both her parents’ estates and has kept up with the ever-changing process involving paperwork for those in our care. Jill is not a lawyer. She is pleased to share her family experiences for general, informational purposes so they can better prepare for life's challenges.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Early Antarctica Exploration and Discovery 1897 - 1916

How did humans first come to know the southern continent? We will focus on the latter-day Vikings who reached the South Pole first. De Gerlache, Scott, Shackleton, and especially Amundsen -- how dauntless they were, how determined and resourceful! What can we learn from them to meet the challenges of today?

- Olin Joynton
- Thursday, 11:00 a.m. – 12:30 p.m.
- November 2 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton lived in Norway 1957-60, soaked with lore about intrepid Norse adventurers. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College in Michigan, in 2004. After retiring in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

End of Life Journey: You Do Not Have to Travel It Alone

This class will explain all about selecting the right options for end-of-life care and explore some of the many services available. You will learn about the importance of planning and preparation and know what next steps to take. Special speakers will include doctors, nurses, clergy, legal experts, administrators, and more. Topics range from early palliative care to long-term care to grief and bereavement. Although this is a tough subject to talk about, it is nonetheless important to all of us.

Please note: This is a six-session class with five sessions in the classroom and the last session at the offsite location listed below.

- Wednesday, 9:00 – 10:30 a.m.
- October 11 – November 8 (five sessions)
- Knicely Conference Center
- Friday, 9:00 – 10:30
- November 10 (one session)
- Hospice of Southern Kentucky, 5872 Scottsville Road

Instructor Bios:

Scott Stivers is the Director of Business Development for Hospice of Southern Kentucky. He is passionate about educating the public on providing the best care for family when the time comes. He has put together a group of presenters who will bring their specific knowledge into the classroom.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Exploring Resources for Healthy Aging

Resources will be presented to help seniors and their families access services in the Bowling Green community. Topics will include assistive living options, Hospice/Hospice information, home care services, exercise, law, finance, and addressing other needs.

- Jill Steffey, Debbie Breen
- Wednesday, 3:30 – 5:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center/Offsite Research

Instructor Bios:

Jill Steffey is a retired educator of 26 years who has researched local senior resources in the Bowling Green area. She has worked as a Rock Steady boxing coach, Functional Aging specialist, ISSA personal trainer and online coach and is a Medfit Parkinson's specialist. Debbie Breen is retired from WKU where she taught classes in the Communications Disorders Department and served as a clinical supervisor in the WKU Communications Disorders Clinic.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Five Star Leadership Philosophies

The four American WWII leaders who received the newly-created rank of Fleet Admiral – Ernest King, William Leahy, Chester Nimitz, and William Halsey – along with Raymond Spruance, widely regarded as next in line if another fifth star had been authorized, handled the challenges of naval warfare in widely divergent ways. Despite their differences, they got the job done with a common core of patriotism, ambition, determination, and skill.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 21 (one session)
- Knicely Conference Center

Instructor Bio:

Son of a career naval officer, Olin Joynton enjoyed discussions on WWII Pacific Theater campaigns with his father. He taught philosophy in Texas and Wyoming before becoming president of Alpena Community College, Michigan, in 2004. In 2020 he and his wife Patricia began life in Bowling Green to be near family members here.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fresh Approaches to the Bible and Christian Theology

This class will present new interpretations of God, Satan, evil, sin, the atonement, and immortality. We will also examine the Bible as history and myth, various problems with translation, and the future of the church.

- Mike Breen
- Tuesday, 9:00 – 10:30 a.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Mike Breen is an attorney and has been harassing insurance companies and corporations for 40 years. In 1985 he had a radical encounter with myth, and in 2003 with the Christ image. He received an MA degree on Religion at Reformed Theological Seminary in 2014. He tries to sip the Kool Aid and not gulp it.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Geopolitical Challenges Today and Tomorrow

Session 1: Globalization and Nationalism: Has the Experiment Met Expectations? This session will explore the conflict between globalizing economies and strengthening national political identities. What might the future hold for these two forces?

Session 2: Putin, Populism, and Politics: The Unraveling of the Russian State. This session examines the geopolitics of Russia in the wider arena and suggests realignments in the European realm.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- November 1 - 8 (two sessions)
- Knicely Conference Center

Instructor Bio:

David Keeling is retired from WKU's Geography program and now travels the world as a freelance lecturer. He has visited 61 destinations in 2023 already, with dozens more scheduled for the second half of the year!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Histories and Mysteries of Southcentral Kentucky

In the class, we will look at the stories behind the Bowling Green Daily News' award-winning Histories & Mysteries newspaper series.

- Wes Swietek
- Tuesday, 9:00 – 10:30 a.m.
- October 17 - 24 (two sessions)
- Knicely Conference Center

Instructor Bio:

Wes Swietek is author of *The Cemetery Road Murders* and managing editor of the Bowling Green Daily News.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

Hitchhiker's Guide to Natural Living Series: Home Fermenting, Movement for Living, and Simple Recipes for Better Health

In the first session, we will look deeper into fermented food and drink and how to easily make your own in just 10 minutes a day.

Session two will investigate techniques for creating more mobility, balance, and freedom in everyday life. You will be introduced to various movement modalities and discover where you can learn more for a better awareness of your body and a plan for healthier movement.

Session three will introduce powerful but simple recipes to support health. Learn tricks and tips to increase nutritional impact and discover hybrid-homemade dishes to keep things simple, delicious, and healthy.

- Jerilyn Bristow
- Tuesday, 5:30 – 7:00 p.m.
- September 19 – October 3 (three sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. She is passionate about whole-clean-local food, fermented food, deeply healing food, and a balanced use of supplements. Most of all, Jerilyn enjoys helping others navigate the overwhelming number of choices available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

An Insider's Look at Racing for a National Championship

Follow the career of a young independent race car driver as he competes in the Formula Ford class with the Sports Car Club of America. His improbable charge from rookie to one of the nation's most respected drivers will be documented with video from the SCCA National Championships from 2009-2013.

- Bruce Hazelton
- Tuesday, 5:30 – 7:00 p.m. (some sessions may run a little longer)
- October 10 – November 7 (five sessions)
- Knically Conference Center

Instructor Bio:

Bruce Hazelton is an SLL member and instructor. He is a lifelong "car guy" with an enduring interest in auto racing. His son, Reid, took his inborn interest to a higher level by building and racing his own cars. Bruce assisted Reid at home building the cars and attended races as part of the "pit crew," gaining firsthand knowledge of the roller coaster ride he will present during the course.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 45

Fall 2023 Term Dates: September 18 – November 10

Introduction to Writing Poetry

Kentucky poet Maurice Manning says writing poetry is "the most illogical thing you can do. You're making something out of nothing." In this class we are up to the challenge! We will examine tools and techniques that can help us find poetic inspiration and voice. Illogical but not impossible. We will discuss examples that illustrate where poems may be found, deft imagery, effective use of language, and more. We will write our own poems. We will make something!

- Larry Pike
- Wednesday, 1:30 – 3:00 p.m.
- September 20 – October 11 (four sessions)
- Knicely Conference Center

Instructor Bio:

Larry Pike's poetry has appeared in literary journals and anthologies. He was a 2021 Best of the Net nominee and Finishing Line Press published his debut full-length collection, *EVEN IN THE SLUMS OF PROVIDENCE*, in October 2021.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

It's About Time

Join us as we examine just how mind-bending Time can be and--depending upon who contemplates it--how perceptions of Time vary across cultures, among scholars from ancient to modern times, and the modern physicists who challenge our favorite, most personal perceptions of Time. As a reference guide, *The Order of Time* by Carlo Rovelli, is recommended (but not required). Come ready to share your perceptions of time and discover some new ones.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Tom Paulus (PhD, Biochemistry) retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical products. Tom retains an interest in all areas of science and philosophy. His current hobbies include music and fishing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

A Kentucky Paratrooper's Introduction to the U.S. Army

This class will cover many dimensions of military life including basic and advanced training, ranks, combat support roles, and much more. Personal stories including deployment to Afghanistan and ultimately transitioning from soldier to civilian life will be discussed. Multiple hands-on militaria and Army items will be on display.

- Will Williford
- Monday, 5:30 – 7:00 p.m.
- September 18 – October 9 (four sessions)
- Breen & Williford Law Offices, 870 Fairview Avenue, Suite 5

Instructor Bio:

Will Williford is a Kentuckian and combat veteran of the Afghanistan war. He served in the Army with the 82nd Airborne Division, Joint Special Operations Command, and 5th Special Forces Group (Airborne) as a paratrooper and noncommissioned officer from 2008 – 2016.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

Memoir Writing

Have you ever wanted to tell your life story but weren't sure how to start? In this class we will discuss how to gather your memories, choose your audience, structure your story, and write a memoir that is lively and evocative. We will do a lot of writing exercises in class, share our ideas and stories with each other, and talk about examples of memoirs we've enjoyed reading. No previous writing experience necessary.

- Erika Solberg
- Wednesday, 1:30 – 3:00 p.m.
- October 18 – November 8 (four sessions)
- Knicely Conference Center

Instructor Bio:

Erika Solberg is a freelance writer specializing in ghostwriting. With a BA in English and an MFA in creative writing, she has taught writing to students ranging from elementary school to college.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

More Secrets of Octagon Hall in Franklin, Kentucky

Octagon Hall and Museum is one of the best kept secrets in southcentral Kentucky. We will review the very interesting history of the house, including the family that built and owned it for more than a half century, as well as some interesting facts about the second and third owners. We will also examine the impact that the Civil War had on Simpson and Warren counties. Although not widely known among local residents, Octagon Hall is famous among investigators of the paranormal throughout the country and has been dubbed as one of the most haunted locations in the south. As one investigator said after completing an investigation, "Octagon Hall does not need paranormal investigators, it needs scientists to investigate the property."

- Mike Case
- Tuesday, 3:30 – 5:00 p.m.
- October 31 – November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Mike Case has lived in Bowling Green for 39 years. He holds a bachelor's degree from ECU and is retired from the Bowling Green Police Department. He now works for Bowling Green schools as a substitute teacher. He also conducts tours at Octagon Hall.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Mount Vesuvius and Pompeii

Discover the ancient cities of Pompeii and Herculaneum and the volcano that destroyed them. Documentary videos along with personal photographs will take you on this journey. Come along if you dare but beware, Mount Vesuvius is rumbling again!

- Krystal Stinson
- Tuesday, 1:30 – 3:00 p.m.
- October 17 – November 7 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

National Corvette Museum

This one-session course will review the origin story and subsequent 25 years of operation of the National Corvette Museum. You will also learn about the NCM Motorsports Park as well as the infamous sinkhole collapse that occurred in the early hours of February 14, 2014.

- Wendell Strode
- Tuesday, 11:00 a.m. – 12:30 p.m.
- November 7 (one session)
- Knicely Conference Center

Instructor Bio:

Wendell Strode holds a BS degree in Business and Finance and enjoyed a 25-year career in banking. He was instrumental in promoting and developing the National Corvette Museum and served as its Executive Director from 1996 until he retired in 2019.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Notre Dame: The History, The Fire, and The Reconstruction

Notre Dame is a medieval Catholic cathedral on a small island in the Seine in the city of Paris, France. This course will explore its history, the 2019 fire that destroyed it, and the ongoing reconstruction efforts.

- Krystal Stinson
- Tuesday, 3:30 – 5:00 p.m.
- September 19 – October 10 (four sessions)
- Knicely Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Now You See Them, Now You Don't: What's Up with UFOs?

The government's recent, public admission regarding the significant evidence around UFOs is the focus for us to explore ways to think about the seemingly inexplicable. Reports by commercial and military pilots, astronauts, police, scientists, credible journalists, and well-documented civilian cases suggest that something beyond our current understanding and technology "visits" us. This class will help participants inform their own questions and think about just what is going on in our skies.

- Linda Paulus
- Thursday, 1:30 – 3:00 p.m.
- September 21 – October 19 (five sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus is a retired educator, author, and intensely curious person who has been thinking about and studying the topic of UFOs for at least fifty years. She is both bemused and happy that well-entrenched attitudes about UFOs belonging to the realm of "crazy" will no longer stand in the way of serious, scientific study of these phenomena.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Octagon Houses and Graham Flour: 19th Century Progressivism

The mid-19th century in the United States saw a wave of progressivism that manifested itself in health fads, extreme fashion, spiritualism, women's rights, and strange new architecture. Beginning with the fad for octagonal-shaped houses, this course will explore some of those trends to demonstrate that here in the 21st century, we might not be as progressive as we think we are.

- Susan Hughes
- Wednesday, 3:30 – 5:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes graduated from WKU, and her main interest in history is in 19th century social and intellectual history. She has been a frequent speaker at national conferences on the events of the mid-19th century.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

An Overview of the WKU Clinical Education Complex and LifeWorks

Today, 1 in 36 children is diagnosed with an autism spectrum disorder (ASD), according to the Center for Disease Control. At the Suzanne Vitale Clinical Education Complex (CEC) WKU families are accepted and supported while navigating unique challenges that others may not understand. The CEC enhances socialization and communication while enriching the quality of life for individuals and families impacted by ASD and other developmental delays and disabilities. In this course we will discuss the rationale, development, and programming offered at the CEC and LifeWorks at WKU and tour the facilities.

- Mary Lloyd Moore
- Friday, 10:00 a.m. – 12 noon
- October 27 & November 3 (two sessions)
- CEC, 104 Alumni Avenue (session one) & LifeWorks, 1328 Adams Street (session two)

Instructor Bio:

Mary Lloyd Moore is a certified and licensed speech-language pathologist with more than 30 years' experience. She currently serves as Executive Director of the Suzanne Vitale Clinical Education Complex.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Pet Peeves of Driving in Bowling Green

Frustrated with drivers in Bowling Green? Various driving scenarios will be diagrammed and discussed as to the proper and legal way to execute them and how NOT to make the same mistakes as others. Unanimous positive reviews of the premier of the class last spring begs for this repeat.

- Bruce Hazelton
- Wednesday, 5:30 – 7:00 p.m.
- October 18 (one session)
- Knicely Conference Center

Instructor Bio:

Bruce Hazelton is an active SLL member and past instructor. He earned a minor in Safety Education and taught behind the wheel driver education for several years in Wisconsin before moving to Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Quilt Trunk Show and Bed Turning

See many beautiful quilts that highlight different block patterns and piecing techniques along with modern designs and art quilts. Learn how vintage quilts are dated and registered and how to care for treasures you may have in your home.

- Pam Coe
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 20 (one session)
- Knically Conference Center

Instructor Bio:

Pam Coe has been an SLL member since its first term in 2015 and she started quilting soon thereafter. She is one of the almost 70-member Creative Quilt Guild of Bowling Green, several of whom will participate in the presentation of this class.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Reading Like a Writer

Using Francine Prose's book of the same name (provided by instructor), we will learn to slow down and pay attention to word choice, after all, words are the raw material out of which all literature is crafted.

- Krystal Stinson
- Wednesday, 9:00 – 10:30 a.m.
- September 20 – November 8 (eight sessions)
- Knically Conference Center

Instructor Bio:

Krystal Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Self-Compassion: The Elixir for What Ails You

Using the research and teachings of Dr. Kristin Neff and Dr. Christopher Germer, we will explore the powers of self-compassion. By applying practices from their books, you will experience how self-compassion can enhance your life, sometimes in areas that are surprising.

- Richard Thornton
- Tuesday, 11:00 a.m. – 12:30 p.m.
- October 17 - 31 (three sessions)
- Knically Conference Center

Instructor Bio:

Richard Thornton is a practitioner of Buddhism and a long-time meditator. He has attended several five-day Buddhist retreats and studied the mindfulness teachings of Pema Chödrön, Sharon Salzberg, Jack Kornfield, Lisa Ernst, and many others.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

Shake Rag: Bowling Green's African American Community

The Shake Rag district of Bowling Green dates to the 1800s and is on the National Registry of Historic Places. Learn about the homes and businesses from Shake Rag residents.

- Betty Turner, Anna Beason
- Friday, 1:30 – 3:00 p.m.
- October 20 (one session)
- George Washington Carver Center, 201 State Street

Instructor Bio:

Betty Turner grew up in Shake Rag and lives there to this day. Anna Beason moved to Shake Rag after marrying and has lived there ever since.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Sparkling Gems, Miniature Gnomes, Succulents, and a Tiny Cottage

We will craft an indoor, miniature, whimsical garden on top of a planter container using miniature gnomes, fairies, a tiny cottage, and succulents (real & artificial). Included is a box of candy because that is what gnomes (and people) like to eat.

- JoAnn Ryan
- Wednesday, 11:00 a.m. – 12:30 p.m.
- September 27 (one session)
- Supply Fee: \$6 (due to the instructor at the beginning of the class)
- Knicely Conference Center

Instructor Bio:

JoAnn Ryan holds a bachelors' degree in business and has enjoyed arts and crafts her whole life. She has won awards and taught art classes and was a featured artist in SOKY magazine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Taxes in Retirement

Learn how to reduce your lifetime tax burden and increase spendable income in retirement.

- Allen Costellow
- Tuesday, 9:00 – 10:30 a.m.
- October 31 & November 7 (two sessions)
- Knicely Conference Center

Instructor Bio:

Allen Costellow has worked with retirees and their families for over 40 years. He is an Investment Advisor, Licensed insurance agent and Medicare AHIP certified representative.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Travel Journals

Each week in this series you will hear from different presenters about their personal travels – near and far – as they share photos, stories, and more. Where will you go after hearing about their adventures? Here is the travel agenda for this term:

Session One: *Cruising Alaska's Inside Passage* (Ken Kuehn)

Get on board for a virtual small-ship adventure through the fascinating geology and landscapes of Alaska's southeastern panhandle.

Session Two: *Bordeaux: A Travelogue for Wine Lovers* (Nicky & Susan Hughes)

Join Nicky and Susan for a pictorial journey to Bordeaux, France, and the surrounding countryside. The talk will highlight the region's many vineyards and wineries, the area's 200-year allegiance to the English crown and conclude with a visit to Paris.

Session Three: *Algeria: Northern Africa History and Culture* (Molly Wilson)

Algeria presents a blend of influences from the Roman Empire, Arab culture, and French colonization. We will visit Algiers, Dzemila, Tiddis, and Constantine which are all part of the rich heritage of this north African nation.

Session Four: *Orangutans and Buddhist Temples: From Borneo to Borobudur* (David Keeling)

This presentation explores the highlights of North Borneo and Central Java and their geohistorical development.

Session Five: *India and Its Neighbors: Population, Palaces, and Politics* (David Keeling)

David examines geopolitics and selected destinations of the world's most populous country.

- Thursday, 3:30 – 5:00 p.m.
- October 12 – November 9 (five sessions)
- Knicely Conference Center

Instructor Bios:

Ken Kuehn is a career geologist and educator who enjoys the great outdoors. He serves on the SLL Board and has taught numerous SLL classes.

Nicky and Susan Hughes are both graduates of WKU. After careers in public history, they are retired and enjoy travel and wine.

Molly Wilson worked for 42 years in public education and retired in order to travel. She has visited over 90 countries.

David Keeling is retired from the WKU Department of Geography and Geology and now travels the world as a freelance lecturer. He has already visited 61 destinations in 2023!

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

VIP Backstage Pass: Tour of SKyPAC

Peek behind the curtains of the region's leading performing arts center, which is home to Orchestra Kentucky, BG OnStage, and the new Ramsey Theatre Company. We will explore this state-of-the-art facility and learn the meanings behind many of the aesthetic choices within the building. We will stand on the stage where stars such as Willie Nelson, Jerry Seinfeld, Kenny Rogers, and many others have performed and visit the backstage dressing rooms, green room, and the multiple visual art galleries.

- Rob Hankins
- Monday, 1:30 – 3:00 p.m.
- October 23 (one session)
- SKyPAC, 601 College Street

Instructor Bio:

Rob Hankins is a southcentral Kentucky native who has been with SKyPAC since 2019 in his role as Development Officer for Arts of Southern Kentucky. He was named in the inaugural list of '40 Under 40' by *VIP Bowling Green* magazine in 2020 and was part of the 2022 class of *Leadership Bowling Green*. He is active in the Kiwanis Club and serves on committees for a number of civic causes.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Warren County Sherriff's Office Showcase

This interactive course explores the multiple facets of the Warren County Sheriff's Office. Participants will interact with members of the WCSO at both primary facilities (Old Courthouse during the first class and the Justice Center during the second class) in downtown Bowling Green. Topics to be explored include law enforcement (Patrol, K9, CID, Crime Scene), the Dispatch Center, and Court Security/a "field trip" to the Courthouse.

- Brett Hightower
- Monday, 5:30 – 7:00 p.m.
- October 16 & 30 (two sessions)
- Old Courthouse (429 East 10th Avenue) & The Justice Center (1001 Center Street)

Instructor Bio:

Brett Hightower was elected the Warren County Sheriff in 2018. Prior to his tenure as Sheriff, WKU grad Hightower was a Marine, Army Master Sergeant, Bronze Star and Purple Heart recipient, BGPD Captain, and Law Enforcement Coordinator for the U.S. Attorney's Office.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What Happened to Bowling Green's African American Community of Jonesville?

Jonesville was an African American community in Bowling Green with land deeds dating to 1881. It was demolished beginning in 1963 to allow WKU to construct athletic fields and Diddle Arena. Learn what became of Jonesville's residents and tour the African American Museum.

- Wathetta Buford, David Lee, Maxine Ray, and Alice Gatewood Waddell
- Monday, 1:30 – 3:00 p.m.
- October 9 (one session)
- African American Museum, 1783 Chestnut Street

Instructor Bio:

Wathetta Buford and *Alice Gatewood Waddell* are Bowling Green natives with relatives and friends who lived in Jonesville. *David Lee*, WKU Historian, will present the roles of the City of Bowling Green and WKU in the demolition of Jonesville. *Maxine Ray* is a Bowling Green native who was born and raised in the Jonesville community.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

What's All This About Ebikes?

This introduction will cover the various types of ebikes (electric bikes), including their costs, and their pros and cons. The first session at Knically Center will introduce participants to ebike basics with ample time for Q & A. The second session will take place the following day at Kereiakes Park for an opportunity to experience two ebikes up close.

- John Fox
- **Session One:** Thursday, 1:30 – 3:00 p.m.
- November 2
- Knically Conference Center
- **Session Two:** Friday, 1:30 – 3:00 p.m.
- November 3
- Kereiakes Park, 1220 Fairview Avenue

Instructor Bio:

John Fox is an avid urban ebicyclist and ebike commuter. He has logged more than 4,000 miles in and around Bowling Green over the past several years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

What is a Quilt Registry? Why Should You Register Your Quilt?

One important purpose of the Kentucky Heritage Quilt Society is to support and expand the collection and preservation of Kentucky quilts and the records of Kentucky quilt makers and their work. Find out how this goal is being accomplished through the efforts of the KHQS program entitled "Host a Quilt Registry". Participants have the opportunity to learn a bit about quilt history, view some antique and vintage quilts, and learn how to register their quilt.

- Vickie Coleman
- Wednesday, 1:30 – 3:00 p.m.
- September 20
- Location: Knically Conference Center

Instructor Bio:

Vickie Coleman is Chair of the Kentucky Heritage Quilt Society Museum and Archives and the Registrar of the Kentucky Quilt Documentation Project. Vickie is the only American Quilt Society Certified Appraiser in Kentucky.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Fall 2023 Term Dates: September 18 – November 10

Will and Ariel Durant: Lifelong Learning Leaders

In 1926, when only 20% of Americans were graduated from high school and only 10% of those from college, Will Durant published *The Story of Philosophy*. Though himself a PhD graduate of Columbia University, he wrote his book for the millions of ordinary Americans who thirsted to learn for themselves. It became the exemplar for what later came to be called “middlebrow culture.” The book’s success motivated him to collaborate with his wife Ariel on eleven volumes of *The Story of Civilization* which was published over several decades. Though held at arm’s length by academics, they were jointly honored with the Pulitzer Prize and the Presidential Medal of Freedom.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- September 28 (one session)
- Knicely Conference Center

Instructor Bio:

Olin Joynton joined the *Book of the Month Club* while in his twenties because it offered a free set of *The Story of Civilization*. He taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Will Rogers: The Cowboy Philosopher

Will Rogers grew up on a ranch in the Oklahoma Territory and became a lasso virtuoso. While performing for the Ziegfeld Follies, he started telling jokes along with his rope tricks which led to much fame and fortune as a radio and silent film performer and as a regular columnist for the *New York Times*. His eyes a-twinkle, he delivered political ridicule with such warmth and wisdom, he was beloved even by the butts thereof – several US presidents along with millions of ordinary Americans.

- Olin Joynton
- Thursday, 3:30 – 5:00 p.m.
- October 5 (one session)
- Knicely Conference Center

Instructor Bio:

As a boy, Olin Joynton dreamed of becoming a cowboy. Instead, he taught philosophy in Texas and Wyoming before coming in 2004 to Michigan as president of Alpena Community College. After his retirement in 2015, he and Patricia moved around to be near family, arriving in Bowling Green three years ago.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

QUESTIONS?

Email: SLL@WKU.EDU

Phone: 270-745-1912

Women Who Practiced Architecture in the U.S.

Female American architects were few in number but made significant contributions to the built environment in the 19th and 20th centuries. Despite their lack of acceptance among male colleagues, both white and black women designed more than houses. Some were extraordinarily prolific. Similar to their male counterparts, women relied on ancient cultures and design through the ages for inspiration but also embraced progressive ideas in modern architecture. Natural surroundings and Indigenous cultures spurred further thinking about creating buildings.

- Tim Evans, Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- September 19 & 26 (two sessions)
- Knicely Conference Center

Instructor Bio:

Tim Evans holds a PhD in Folk Studies and taught American Architectural History and folk studies classes at WKU for 23 years. His wife, Eileen Starr, worked as an architectural historian for the National Park Service and the Wyoming Preservation Office. She also taught Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

A Writer's Journey

Dr. Marc Hirsch will share his story about how he came to write a string of detective fiction books, *The Alice White Investigator Series*, as he was retiring from medical practice. He will share advice on how he got started writing, honed his craft, self-published and marketed his works on Amazon, and operates his own website bookstore.

- Marc Hirsch
- Tuesday, 1:30 – 3:00 p.m.
- October 10 (one session)
- Knicely Conference Center

Instructor Bio:

Marc Hirsch was born in Manhattan and raised in the Bronx. He graduated from the Boston University School of Medicine in 1969. He practiced medicine on both coasts and ultimately retired out of TJ Sampson Hospital in Glasgow, KY in 2011 as a hospitalist. He began his writing career in 2010.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

**Join SLL or Renew your membership at wku.edu/sll/membership.php
or by calling the SLL office at 270-745-1912**

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

The governing body of the SLL is the Advisory Board composed of six members elected by the general membership with two being elected per year in rotation and serving a three-year term; board-appointed chair/co-chairs of the four standing committees; and the Program Director who serves without vote as ex-officio and is the liaison between SLL and the University.

John Fitts, Chair
Libby Davies
Vicki Gregory
Ken Kuehn
Sharon Spall
Gene Wilson

Ernie VanHooser, Chair-Elect
Cathy Fox
Miliska Knauft
Carrie Morgan
Chrys Wilson
Derek Olive, Ex-Officio

Curriculum Committee

The Curriculum Committee makes course and instructor selections. They coordinate with the SLL staff to set course times and locations, edit course publication materials, and make recommendations for course costs. Any SLL member may serve on this committee.

Libby Davies, Co-Chair
Howard Bailey
Terri Hinton

Ken Kuehn, Co-Chair
Debbie Breen
Ernie VanHooser

Finance Committee

The Finance Committee monitors expenses, recommends appropriate membership fees, and oversees the SLL Operating Plan – annual and long-term. Any SLL member may serve on the committee.

Scott Nehm, Chair
John Forman

Membership Relations Committee

The Membership Relations Committee supports SLL by recruiting and retaining members through speaking engagements, social gatherings, day trips, events, and other activities. The committee provides opportunities for members and their guests to gather outside of the terms of classes. These include taking tours (wineries, historic sites, breweries, church renovations, distilleries, and more), attending events as a group (concerts, performances, sporting events, etc.), and other educational and social activities. Any SLL member may serve on this committee.

Sharon Spall, Chair

Ann Esterle

Vicki Gregory

Kathee Morgeson

Joan Norris

Robert Ryan

Mary Travelsted

Debbie Breen

Cathy Fox

Terri Hinton

Mike Morgeson

JoAnn Ryan

Patsy Sloan

Chrys Wilson

Volunteer Committee

The Volunteer Committee provides classroom assistance to instructors, helps with onsite events, and assists with activities and functions of the SLL. Assistance may be in the form of table decorations for events, taking photos during classes and events, coordinating activities with the Membership Relations Committee, and more. Any SLL member may serve on this committee.

Chrys Wilson, Co-Chair

Jane Barthelme

Becky Cann

Pam Coe

John Forman

Sue Meyer

Linda O'Brien

Ernie VanHooser

Gene Wilson, Co-Chair

Brenda Bush

Sidney Cann

Lisa Dalporto

Cathy Fox

Audrey Neely

Judy Tabor

Molly Wilson

SLL FALL 2023 COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE)			What Happened to Bowling Green's African American Community of Jonesville? (1 session) Oct. 9 VIP Backstage Pass: Tour of SKyPAC (1 session) Oct. 23	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	A Kentucky Paratrooper's Introduction to the United States Army (4 sessions) Sept. 18-Oct. 9 Warren County Sheriff's Office Showcase (2 sessions) Oct. 16 & 30
TUESDAY	Fresh Approaches to the Bible and Christian Theology (4 sessions) Sept. 19-Oct.10 Histories and Mysteries of Southcentral Kentucky (2 sessions) Oct. 17-24 Taxes in Retirement (2 sessions) Oct. 31-Nov. 7	Birds in Poetry and Music (4 sessions) Sept. 19-Oct. 10 Self-Compassion: The Elixir for What Ails You (3 sessions) Oct. 17-31 National Corvette Museum (1 session) Nov. 7	Women Who Practiced Architecture in the U.S. (2 sessions) Sept. 19-26 A Writer's Journey (1 session) Oct. 10 Mount Vesuvius and Pompeii (4 sessions) Oct. 17-Nov. 7	Notre Dame: The History, the Fire, and the Reconstruction (4 sessions) Sept. 19-Oct. 10 More Secrets of Octagon Hall in Franklin, Kentucky (2 sessions) Oct. 31-Nov. 7	Hitchhiker's Guide to Natural Living Series (3 sessions) Sept. 19–Oct. 3 An Insider's Look at Racing for a National Championship (5 sessions) Oct. 10–Nov. 7
WEDNESDAY	Reading Like a Writer (8 sessions) Sept. 20–Nov. 8 End of Life Journey: You Don't Have to Travel It Alone (5 onsite/1 offsite sessions) Oct. 11–Nov. 8, Nov. 10	Quilt Trunk Show and Bed Turning (1 session) Sept. 20 American Sign Language (8 sessions) Sept. 20–Nov. 8 Sparkling Glass Gems, Miniature Gnomes, Succulents, and a Tiny Cottage (1 session) Sept. 27 Aluminum: Nature's Most Interesting Metal (4 sessions) Oct. 18–Nov. 8	What is a Quilt Registry? Why Should You Register Your Quilt? (1 session) Sept. 20 Introduction to Writing Poetry (4 sessions) Sept. 20–Oct. 11 British Comedies of the '40s and '50s (7 sessions) Ext. time: 1-3pm Sept. 27–Nov. 8 Memoir Writing (4 sessions) Oct. 18–Nov. 8	Exploring Resources for Healthy Aging (4 sessions) Sept. 20–Oct. 11 Octagon Houses and Graham Flour: 19th Century Progressivism (1 session) Oct. 18 Geopolitical Challenges Today and Tomorrow (2 sessions) Nov. 1-8	Do This Now – Save Probate Later (1 session) Oct. 11 Pet Peeves of Driving in Bowling Green (1 session) Oct. 18 Alfred Russel Wallace: Spiritism Meets Evolution (1 session) Oct. 25 Creative Travel: An Artist Residency in the Champagne Region of France (1 session) Nov. 1 Nov. 8
THURSDAY	Biodiversity: Trends and Importance (3 sessions) Sept. 28–Oct. 12 Conflict and Common Ground in Black-White Relations (4 sessions) Oct. 19–Nov. 9	It's About Time (5 sessions) Sept. 21–Oct. 19 Early Antarctic Exploration and Discovery 1897 – 1916 (1 session) Nov. 2 Antarctica: A Mysterious Land Teeming with Life (1 session) Nov. 9	Now You See Them, Now You Don't: What's Up with UFOs? (5 sessions) Sept. 21 – Oct. 19 What's All This About Ebikes? (1 onsite/1 offsite session) Nov. 2/Nov. 3	Five Star Leadership Philosophies (1 session) Sept. 21 Will and Ariel Durant: Lifelong Learning Leaders (1 session) Sept. 28 Will Rogers: The Cowboy Philosopher (1 session) Oct. 5 Travel Journal Series (5 sessions) Oct. 12 – Nov. 9	Critical Thinking and Discerning Reality (8 sessions) Sept. 21 – Nov. 9
FRIDAY (OFFSITE)	End of Life Journey: You Don't Have to Travel It Alone (1 offsite session) Nov. 10	Discovering Bowling Green (6 sessions) Sept. 22, 29, Oct. 13, 20, 27, & Nov. 3 An Overview of the Clinical Education Complex and LifeWorks (2 sessions) Note Time: 10-noon Oct. 27 & Nov. 3	Behind the Scenes at the Baker Arboretum (4 sessions) Sept. 22 – Oct. 13 Shake Rag: Bowling Green's African American Community (1 session) Oct. 20 What's All This About Ebikes (Electric Bikes)? (1 offsite session) Nov. 3	Bowling Green Police Academy (2 Monday sessions) Oct. 2 & 9 (2 Friday sessions) Oct. 6 & 13	